

MOST POPULAR COURSE

Dining Etiquette & Table Manners

Learn to dine with confidence, practise perfect table manners, and create a lasting impression.

"Dine with Grace. Impress with Confidence."

Dining etiquette is more than knowing which fork or spoon to use. It is about showing respect, confidence, and professionalism while sharing a meal with others. Whether you are attending a business lunch, a formal dinner, a wedding, or a casual meal with friends, good table manners help you feel comfortable and leave a positive impression.

Many people feel nervous during formal dining because they are unsure about table settings, cutlery, dining rules, or social conversations. This course helps remove that uncertainty by teaching simple, practical dining etiquette for everyday and professional settings.

The **GroomX Dining Etiquette & Table Manners Course** helps individuals develop elegant dining habits, improve confidence, and understand international dining customs through demonstrations, hands-on practice, and real-life dining scenarios.

By the end of this course, you will feel comfortable in formal and informal dining settings, understand global dining practices, and present yourself with confidence and grace.

12

PRACTICAL MODULES

500+

STUDENTS TRAINED

100%

HANDS-ON DINING PRACTICE

★4.9

AVERAGE RATING

Why Choose This Course

Learn Proper Table Manners

Develop graceful dining habits that create a positive and professional impression.

Build Confidence in Social & Professional Settings

Feel comfortable during business lunches, formal dinners, and family gatherings.

Understand Formal and Casual Dining

Learn the differences between everyday dining and fine dining etiquette.

Improve Communication During Meals

Practice polite conversation and professional behaviour while dining.

Avoid Common Dining Mistakes

Learn the correct way to handle different dining situations with confidence.

Master Cutlery and Table Settings

Understand how to use different cutlery, glassware, and table arrangements.

Learn International Dining Etiquette

Become familiar with dining customs followed around the world.

Practice Through Real-Life Scenarios

Gain confidence through practical exercises and guided dining sessions.

What You Will Learn — Module Outline

This program has 12 carefully designed modules that build your skills step by step.

- 1

Table Basics — Manners and Dining Behaviour
Learn the fundamentals of dining etiquette — good manners, respectful behaviour, and proper posture at the table.
- 2

Table Setting — Formal and Casual Layouts
Learn formal and casual table arrangements, placement of plates, cutlery, glasses, and napkins.
- 3

Cutlery Skills — Silverware and Crockery Usage
Learn how to use forks, knives, spoons, plates, and different types of crockery through guided practice.
- 4

Glassware — Handling and Usage
Learn types of glassware, correct handling techniques, proper placement, and professional serving etiquette.
- 5

Dining Situations — Buffet and Restaurant Etiquette
Practice buffet dining etiquette, restaurant behaviour, serving food politely, and respecting shared spaces.
- 6

Social Interaction — Dealing with Staff Politely
Learn to communicate politely with restaurant staff, ask for assistance respectfully, and show appreciation.

7 Food Handling — Managing Difficult Foods

Learn techniques for handling pasta, rice, bread, desserts, and foods with bones or shells confidently.

8 Soup and Napkins — Correct Usage

Learn correct napkin usage, soup spoon techniques, dining posture, and table cleanliness habits.

9 Global Etiquette — Chopsticks Basics and Usage

Learn basic chopstick handling, common Asian dining customs, and respectful international dining behaviour.

10 Dining Do's and Don'ts — Essential Rules

Learn proper seating, polite eating habits, appropriate mobile phone use, and common mistakes to avoid.

11 Communication Skills — Small Talk and Tone

Learn to start conversations politely, maintain engaging discussions, choose appropriate topics, and listen actively.

12 Professional Dining — Confident Table Presence

Practice formal dining simulations, business lunch scenarios, table settings, and professional communication at meals.

Skills You Will Gain

✓ Practice proper table manners	✓ Use cutlery with confidence
✓ Improve social etiquette	✓ Avoid common dining mistakes
✓ Create positive first impressions	✓ Dine confidently in any setting
✓ Handle international dining customs	✓ Communicate gracefully during meals

Who Is This Course For?

Working Professionals
Professionals attending business lunches, client meetings, and corporate dinners.

Students
Students preparing for internships, placements, and professional careers.

Anyone Who Wants Better Dining Etiquette
Anyone looking to improve table manners, confidence, and professional presence.

Frequently Asked Questions

Is this course suitable for beginners?
Yes. The course starts with the basics and is suitable for anyone who wants to improve dining etiquette.

Will I learn how to use different types of cutlery?
Yes. You will receive practical training on using forks, knives, spoons, glassware, and table settings correctly.

Is the course practical?
Yes. The course includes demonstrations, role plays, and hands-on dining practice.

Will I learn business dining etiquette?
Absolutely. The course covers business lunches, networking meals, and formal dining situations.

Is international dining etiquette included?
Yes. You will learn global dining customs, including chopstick basics and cultural dining differences.

Will I receive personalized feedback?
Yes. Trainers provide individual guidance during practical dining sessions.

What Our Students Say

★★★★★

"I always felt nervous during formal dinners, but this course gave me the confidence to handle business meals with ease."

Neha S.
Marketing Executive

★★★★★

"The practical dining sessions were excellent. I now understand table manners and professional dining etiquette much better."

Rahul K.
Management Trainee

★★★★★

"This course completely changed the way I present myself during social and corporate events. Highly recommended!"

Priya M.
HR Professional

Ready to Dine with Confidence?

With expert guidance, practical training, and real-life dining practice, GroomX prepares you to handle every dining situation with confidence and elegance.

Call us: 9036111000 | Visit our office in Bangalore anytime