

CHILDREN TRAINING SERIES

Effective Social Etiquette Skills for Children

Help children learn good manners, build confidence, and shine in every social situation — at home, in school, and in the world around them.

"Polite Habits. Confident Kids. Positive Impressions."

Good manners are one of the greatest gifts a child can learn. They help children make friends easily, show respect to others, build self-confidence, and create a positive impression wherever they go. Whether at school, at a family gathering, at a restaurant, or in any social situation, a child who knows how to behave with good etiquette always stands out — in the best possible way.

But good manners do not come automatically. They need to be taught, practised, and reinforced in a fun, age-appropriate way. That is exactly what the **Effective Social Etiquette Skills for Children** program at GroomX Finishing Academy is designed to do.

This course teaches children the social skills they need to navigate everyday situations with confidence and grace. From how to greet people properly and introduce themselves, to table manners, phone etiquette, and how to behave in public — children learn all the essential social skills in a warm, engaging, and interactive environment that makes learning fun.

Parents often tell us that after this program, their children not only behave better — they also feel better about themselves. When children know how to handle social situations correctly, they feel more confident, more comfortable, and more respected by the people around them. These are skills that will benefit them for the rest of their lives.

Why Choose This Course

Build good manners and social confidence

Children learn how to behave in different social settings, making them feel comfortable and confident wherever they go.

Improve behaviour at home and school

Better etiquette means better behaviour — fewer awkward situations, more positive interactions with teachers, family, and friends.

Teach respect and consideration for others

Etiquette is really about respect. Children learn to consider how their words and actions affect the people around them.

Develop strong communication skills

Children learn to express themselves clearly, listen attentively, and communicate with adults and peers in a polite, effective way.

Create positive first impressions

Children who greet warmly, speak politely, and carry themselves well always make a great impression — at school admissions, events, and beyond.

Fun, interactive, age-appropriate learning

All sessions use stories, role-play, games, and activities — so children enjoy learning and remember what they have been taught.

Module Outline

1 What is etiquette and why does it matter?

This first module introduces children to the concept of etiquette in a simple, relatable way — what it is, where it applies, and most importantly why it matters for making friends, earning respect, and feeling confident in any situation.

2 Greetings and introductions — making a great first impression

How you greet someone tells a lot about who you are. Children learn the right way to greet adults and peers — with eye contact, a warm smile, a proper handshake, and a polite introduction. They also learn how to introduce themselves and others in different situations.

3 Conversation etiquette — how to talk and listen politely

Good conversation is a two-way street. Children learn how to start a conversation, take turns speaking, listen without interrupting, ask polite questions, and gracefully exit a conversation. These skills help them connect better with everyone they meet.

4 Table manners — eating with grace and confidence

Table manners matter at home, at school, and especially at restaurants or special occasions. Children learn the basics — how to sit properly, use cutlery, chew quietly, ask for things politely, wait for everyone to be served, and behave well during a meal.

5 Magic words — the power of please, thank you, and sorry

Three small phrases can make a huge difference in how a child is perceived. This module focuses on the magic words — please, thank you, excuse me, sorry, and you are welcome — when to use them, how to say them genuinely, and why they matter so much.

6 School etiquette — behaviour in the classroom and with teachers

Good behaviour at school creates better learning environments for everyone. Children learn classroom etiquette — raising hands, respecting teachers, being punctual, not interrupting, supporting classmates, and taking care of shared spaces and materials.

7 Public behaviour — how to behave outside the home

Different public places have different expectations of behaviour. Children learn how to behave appropriately in places like restaurants, malls, places of worship, libraries, and public transport — so they and their families always feel comfortable and respected.

8 Social media and phone etiquette — being polite online too

In today's world, etiquette extends to digital spaces. Children learn how to use their phones and devices respectfully — when to put them away, how to speak politely on calls, how to behave kindly online, and the importance of not sharing personal information.

9 Guest and host etiquette — visiting and welcoming others

Whether going to a friend's home or welcoming guests into their own, children need to know how to behave. This module covers being a gracious guest (arriving on time, respecting others' homes, saying thank you) and a welcoming host (greeting warmly, making guests comfortable).

10 Body language and personal presentation

So much of how we come across to others has nothing to do with words. Children learn about positive body language — standing tall, making eye contact, smiling, and avoiding distracting habits like fidgeting or slouching — as well as the importance of personal neatness and hygiene.

11 Respecting differences — etiquette across cultures and backgrounds

India is a wonderfully diverse country, and children interact with people from many different backgrounds. This module teaches children to appreciate and respect those differences — in religion, language, food, and customs — with curiosity and kindness rather than judgment.

12 Conflict and disagreement — handling it with grace

Children disagree with friends and siblings — it is normal. This module teaches them how to handle disagreements without name-calling, physical aggression, or rudeness — using words to express feelings, finding compromise, and knowing when to walk away.

13 Empathy and kindness — putting yourself in others' shoes

The foundation of all good etiquette is empathy — the ability to understand how others feel. Children learn what empathy means, how to recognise others' feelings, and how small acts of kindness and consideration can make a big difference to the people around them.

14 Practice, role-play, and personal etiquette goals

In the final module, everything comes together through fun, interactive role-play and practice sessions. Each child also sets their own personal etiquette goals — specific habits they want to practise every day. Trainers provide encouraging, personalised feedback to each child.

What Children Will Be Able To Do After This Course

- ✓ Greet and introduce themselves confidently

✓ Behave well at the dining table

✓ Handle disagreements without rudeness

✓ Use phones and devices responsibly
- ✓ Use polite words naturally in daily life

✓ Communicate respectfully with adults and peers

✓ Behave appropriately in public places

✓ Show kindness, empathy, and respect for others

Who Is This Course For?

Children aged 5–15
The course is designed for primary and middle school children. Content and activities are tailored to age groups for maximum engagement.

Concerned parents
Parents who want their children to develop good manners, social confidence, and the right habits for life.

Schools and institutions
Schools that want to integrate social etiquette training into student development programmes.

Frequently Asked Questions

- What age group is this course designed for?**

The course is primarily designed for children between 5 and 15 years old. Our trainers adjust the content, language, and activities to suit the specific age group — so younger children and teenagers both have an engaging, relevant experience.
- How is the training conducted for children?**

All sessions use interactive methods — stories, games, role-play, demonstrations, and group activities. Learning is never boring or lecture-based. Children learn by doing, in a fun and safe environment where they feel comfortable to participate.
- Will my child really practice these skills at home after the course?**

Yes — and we specifically design the final module around this. Each child sets personal etiquette goals and receives a simple daily practice guide. Parents are also given tips on how to gently reinforce the skills at home without pressure.
- Can this be done as a group course for a school or class?**

Absolutely. We offer group sessions for schools and institutions. Please contact us at 9036111000 or visit our office to discuss a customised programme for your school or group.

What Parents Say

★★★★★

"My daughter used to be very shy and unsure of herself in social situations. After just a few sessions at GroomX, she started greeting guests, sitting properly at dinner, and saying thank you without being reminded. We are amazed."

Meena L.

Parent of 9-year-old, Bangalore

★★★★★

"My son's teacher mentioned unprompted that his classroom behaviour had improved a lot. He listens more, interrupts less, and is generally much more considerate of others. This course made a real difference."

Suresh V.

Parent of 11-year-old, Bangalore

Give your child skills that last a lifetime

Join GroomX and help your child build the confidence, manners, and social skills to shine in every situation.

Call us: 9036111000 | Visit our office in Bangalore anytime