

MOST POPULAR COURSE

Time Management For Kids

Help children build smart habits, stay organized, and use their time wisely every day.

"Plan Smart. Stay Organized. Achieve More."

Every child has the same 24 hours in a day, but learning how to use that time wisely makes a big difference. Good time management helps children complete their homework, enjoy playtime, learn new skills, and spend quality time with family without feeling rushed or stressed.

Many children struggle because they do not know how to plan their day. They may forget homework, delay important tasks, spend too much time on screens, or feel worried before exams. Learning time management at an early age helps children become more organized, responsible, and confident.

The **GroomX Time Management for Kids Course** teaches children simple and practical ways to plan their day, manage schoolwork, and develop healthy daily routines through fun games, interactive activities, stories, planners, and guided exercises.

By the end of this course, children will feel more organized, confident, and ready to manage their daily responsibilities with ease — giving them more time to learn, play, and enjoy life.

7

FUN INTERACTIVE MODULES

500+

STUDENTS TRAINED

100%

ACTIVITY-BASED LEARNING

★4.9

PARENT SATISFACTION

Why Choose This Course

Build Discipline and Organization
Help children develop daily habits that keep them organized and responsible.

Manage School and Daily Tasks Better
Learn simple ways to balance homework, activities, hobbies, and playtime.

Improve Focus and Productivity
Teach children how to stay focused and finish tasks without distractions.

Encourage Responsibility
Help children become more independent by managing their own schedules.

Reduce Stress
Planning ahead helps children feel calm and prepared instead of rushed.

Build Skills for Life
Good time management helps children succeed in school and throughout life.

What You Will Learn — Module Outline

This program has 7 carefully designed modules that build your skills step by step.

1 Time Basics — Importance and Benefits

Children learn what time is and why it is valuable, and how using it wisely helps them finish work and enjoy hobbies and family time.

2 Common Challenges — Obstacles to Time Management

Children discover common reasons why time gets wasted — procrastination, screen time, distractions, forgetting tasks, and poor planning habits.

3 Goal Setting — Priorities and Planning

Children practice setting simple daily goals, choosing important tasks first, breaking big tasks into smaller steps, and staying motivated.

4 Smart Scheduling — Daily, Weekly and Monthly Planners

Children learn to use daily schedules, weekly planners, monthly calendars, homework planners, and activity schedules.

5 To-Do Lists — Creating and Using Effectively

Children learn to write simple task lists, complete one task at a time, and check off finished work to build responsibility and confidence.

6 Routine Building — Developing Daily Habits

Children build healthy habits for morning routines, homework time, play, reading, and bedtime routines.

7 Practical Activities — Guided Exercises and Practice

Children take part in daily planning games, time management challenges, goal-setting activities, and personal planner creation with personalized feedback.

Skills You Will Gain

- | | |
|--------------------------------|---|
| ✓ Build healthy daily routines | ✓ Set simple goals confidently |
| ✓ Manage time more effectively | ✓ Stay focused on important tasks |
| ✓ Reduce distractions | ✓ Improve responsibility and independence |
| ✓ Create and follow planners | ✓ Feel organized and prepared |

Who Is This Course For?

Primary School Children

Young learners who want to build good daily habits from an early age.

Middle School Students

Children learning to balance schoolwork, hobbies, and extracurricular activities.

Any Child Who Wants Better Routines

Perfect for any child who wants to learn smart planning skills while having fun.

Frequently Asked Questions

Is this course suitable for young children?

Yes. The course uses simple English, fun activities, and practical examples that children can easily understand.

Will children use planners and schedules?

Yes. Children learn how to create simple daily, weekly, and monthly planners.

Are there practical activities?

Yes. Every module includes games, exercises, discussions, and interactive learning activities.

Will this help children perform better at school?

Yes. Better time management improves organization, focus, homework completion, and study habits.

Is the course enjoyable for children?

Absolutely. Learning is fun with games, challenges, stories, and interactive exercises throughout every session.

Will children receive individual guidance?

Yes. Trainers provide encouragement and personalized feedback throughout the course.

What Our Students Say

★★★★★

"My son now completes his homework on time and even reminds us about his daily schedule. This course made a huge difference."

Ritika S.
Parent

★★★★★

"The planners and fun activities helped my daughter become much more organized. She enjoys managing her own routine now."

Amit K.
Parent

★★★★★

"A wonderful course that teaches children an important life skill in a simple and enjoyable way."

Pooja M.
Parent

Ready to Help Your Child Build Lifelong Time Management Skills?

With expert trainers, engaging activities, and practical learning, GroomX helps children build habits that will benefit them for years to come.

Call us: 9036111000 | Visit our office in Bangalore anytime